

HealthyWorld FOUNDATION

Celebrating **20 Years** of Improving the Health of the Poor and Vulnerable in Communities in India, Uganda, and Elsewhere.

Overview

For twenty years, we have provided technical and financial resources that enable in-country organizations serving the poorest and most vulnerable to develop and implement innovative and sustainable approaches that prevent illness, improve access to health services, and make the lives of those in their communities better.

40+ *Projects funded since 2006*

30+ *NGO partners in India, Uganda, and beyond*

(NGO = non-governmental organization)



> *"A remarkable example of successful, personal, global health philanthropy.*

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Leadership

Arthur R. Goshin, MD, MPH, is the founder and funder of the HealthyWorld Foundation and serves as its President/ CEO. He has a 50+ year career in public health and in the development and management of large health care organizations. He serves as a board chair, board member or advisor for a range of entities including private companies, organizations, foundations and academic institutions.

Introduction

With the benefit of a successful and innovative career in health care, with my longterm interest in global health, with my need for purpose, then the opportunity to become a trustee of the global organization Freedom from Hunger, followed by my active participation in their development and operation of a substantial Gates Foundation grant, led to my personal decision to create my HealthyWorld Foundation. Early in-country exposure to excellent NGOs in India and Uganda helped to formulate both my mission and approach. Committing to using only my own resources, no fund raising, simplified the work.

This summary highlights the work and accomplishments of our last 20 years. There have been about 40 projects with 30+ different NGO partners. Most project were for 2-3 years in duration. I've been the only staff resource in the US, and have had only one staff in India, and only one in Uganda. It's been a truly unique, novel, approach to personal global health philanthropy.

PRESIDENT · CEO · FOUNDER

Arthur R. Goshin, MD, MPH





Mission

To provide resources that enable organizations serving the poorest and most vulnerable, to develop and implement modest innovative and sustainable approaches that prevent illness, improve access to health services, and make the lives of those in their communities better.

Approach

We identify in-country partner organizations that have both the capability and character, as social entrepreneurs, to develop and implement modest but meaningful and impactful health projects in marginalized, rural settings. Project designs are a collaboration between the organization and the HealthyWorld Foundation. Grants, typically, are 2-3 years in length. Our in-country staff actively monitor the projects.










The Ten 'RIGHTS' of
a SAFE INJECTION

Types of Projects Funded

Across twenty years the Foundation's grants have concentrated in fifteen areas of need, each shaped with a partner who knows the community best.



CLINICS

Developing health clinics; community health screening & referral



DISABLED CHILDREN

Improving capabilities of disabled children and their parents



INFECTIOUS DISEASE

Infectious disease prevention (malaria, HIV/AIDS, COVID) and treatment



CANCER

Cervical cancer screening and treatment



SAFE WATER

Improved sanitation and access to safe water



ELDER CARE

Innovations in elder care in remote villages



WOMEN'S LIVELIHOOD

Improving women's livelihood and access to financial assistance



WOMEN'S AND CHILD HEALTH

Advancing women's and child health and nutrition



AVAILABLE FACILITIES

Improved availability of health facilities



IMPROVED EDUCATION

Improving education in marginalized communities



TECHNOLOGY

Use of mobile technology



CHRONIC ILLNESS

Reducing the impact of chronic illness



GLOBAL HEALTH CAREERS

Advancing careers in global health



ENVIRONMENTAL RESEARCH

Supporting environmental research



HEALTH LITERACY

Improving health literacy

Our Projects

With our technical assistance and financial resources, over thirty organizations, chosen for capability and character, carried out this work in the villages and neighborhoods where they already work.

11	*India*	WEST BENGAL · BIHAR · JHARKHAND · ODISHA · UTTAR PRADESH
21	*Uganda*	LUWERO · MBALE · SIRONKO · KAMPALA · MUKONO · TORORO · JINJA
31	*Other Locations*	ISRAEL · UNITED STATES · GHANA · BOLIVIA · THE PHILIPPINES






CHESHIRE
HOMES
UGANDA








WELCOME
DR. ARTHUR R. GOSHIN
FOUNDER / PRESIDENT / CEO
HEALTHY WORLD FOUNDATION
TO W.B.V.H.A ELDERLY CARE UNIT
LALGOLA,MSD.
25th Feb.2010
FIELD UNIT






CERVICAL CANCER PREVENTION & CONTROL INITIATIVE





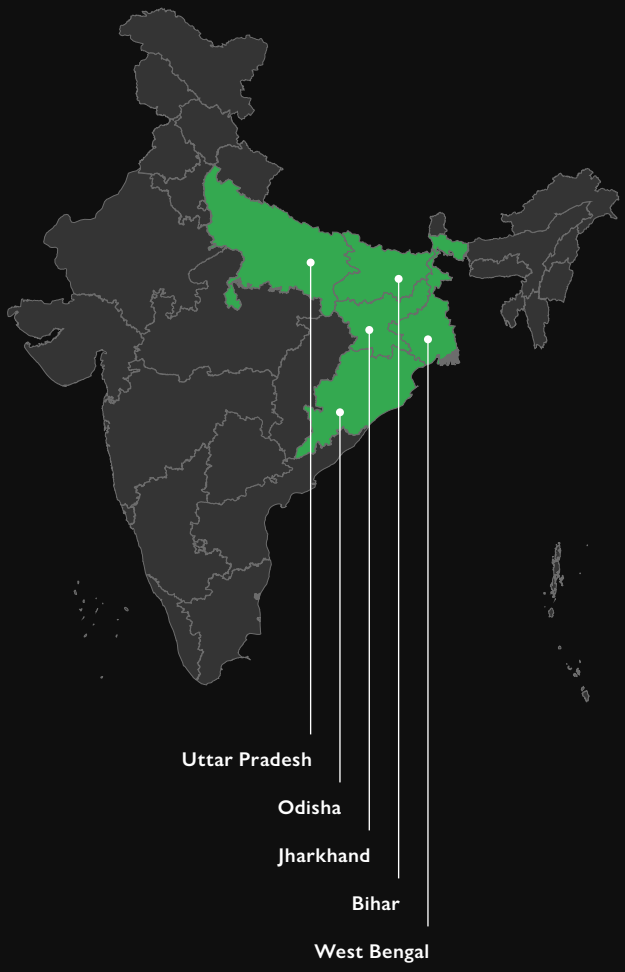
India

While primarily carrying out our work in West Bengal, there were also projects in the states of Odisha, Bihar, Jharkhand, and Uttar Pradesh.

Country Director, Dr. Soumitra Dutta, our only staff in India, provided essential project development, oversight, consultative, and evaluative support.



COUNTRY DIRECTOR
Dr. Soumitra Dutta



PROJECTS IN INDIA

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Building Community Health Capacity in Bihar

LOCATION Patna, Bihar PARTNER NIDAN PROJECT TYPE Safe Water/Sanitation, Illness Prevention

Multiple projects over several years included children's deworming; the adoption of handwashing and improved approaches to safer water access; a novel approach to community-wide waste removal and composting; a revolving health savings loan fund for use in family health emergencies; health screening camps; and training for business entrepreneurs in vision screening and the distribution of eyeglasses and other health products.







Protecting Elders from COVID-19 in Pakur

LOCATION Pakur, Jharkhand PARTNER Bandhan-NCD PROJECT TYPE Illness Prevention, Clinic Support

Targeted 5,000 elderly residents to reduce susceptibility to COVID-19 through the management of co-morbidities such as diabetes and hypertension, education, referrals, and escorting to care providers using paid staff and health volunteers (Swatha-Sahayika), supported by a help-desk. Also provided support for clinic operations.

Four Fronts of Community Health in West Bengal

LOCATION Kolkata, West Bengal PARTNER West Bengal Voluntary Health Association

PROJECT TYPE Elder Care, Training and Education Resource Center Financing, Safe Water

Multiple projects over several years:

Elder Care • Creation of group homes to support caregiving; training and provision of community health caregivers working in 45 rural villages; development of a respite home; large scale health and vision screening and provision of glasses, walking sticks, for all elders; arranging for needed cataract surgeries; partial financial support for project developed from the rearing and selling goats.

Health and Education Resource Training Centre • Provided financing for the completion of a major regional facility for the training of health care workers and educators.

Village Based Public Health • Integrated Health/Safe Water Intervention - using hand pump centric approach in tribal villages for access to safer water, that also included the development of self help groups to improve health savings and health behaviors.

Reduce Arsenic Poisoning • Interventions that reduced the adverse effects of arsenic in drinking water. Included the provision of a revolving loan fund to enable the purchase of household filters.





Bridging Generations: Elder Care in Bardhaman

LOCATION Bardhaman, West Bengal PARTNER Aikyatan Development Society PROJECT TYPE Elder Care

This multi-year elder care intervention across 14 villages began with a training program for all field staff on the use of a structured assessment tool. Every resident elder was then identified and assessed, with the resulting data used to plan interventions for the following years.

Interventions included regular home-visit assessments for problem identification, screening, and care follow-up; the formation of Elderly Self-Help Groups; in-school awareness programs to motivate students, training adolescent girls to serve as intergenerational caregivers; sustained linkages with health service providers in the project area; and COVID-19 awareness visits to all elders.





Free Primary Care for Delhi's Most Vulnerable

LOCATION New Delhi PARTNER India Foundation PROJECT TYPE Clinics

Established two free, modest primary care health clinics, each with a small pharmacy, serving the homeless, slum dwellers, and poor migrants.

Powering Disability Care with Handheld Technology

LOCATION Boston, Massachusetts PARTNER Dimagi PROJECT TYPE Technology, Disabled Children

In collaboration with the Indian Institute of Cerebral Palsy, adapted IT technology on handheld devices to improve the learning capabilities of remote staff and families in feeding and toileting disabled children. Also provided CommCare technology for a project with REACH India Trust (see just below).

Reaching Women Through Health, Education, and Livelihoods

LOCATION Jamtara, Jharkhand · Murshidabad, West Bengal PARTNER REACH India Trust

PROJECT TYPE Improved Education, Clinics, Safe Water, Women's Livelihood, Infectious Disease

Multiple projects over several years:

Reproductive & Sexual Health Education · Enhanced knowledge, practice, and attitudes among rural and tribal women, primarily on issues of reproductive and sexual health, alongside clinics providing basic medical support for tribal communities. The program used two educational modules — Learning Games for Girls, and Women's Sexual and Reproductive Health — developed with three NGO partners. It also used CommCare handheld technology from Dimagi, and operated four part-time clinics in tribal communities staffed by trained "health soldiers" who provided motivation and follow-up.

Livelihoods & Health Integration · Linked health improvement with alternative livelihoods through learning and awareness about available resources, including improved nutrition, sanitation, child care, and immunizations, supported by health camps. The program increased children in school and reduced women involved in bidi (cigarette) rolling, replacing it with new forms of employment such as livestock rearing.

Training at Scale · Trained trainers in four microfinance NGOs, who went on to train 40,000 women in self-help groups using conversational learning techniques focused on malaria and HIV/AIDS prevention.

Improving Care for Disabled Children in West Bengal

LOCATION Kolkata, West Bengal PARTNER Indian Institute of Cerebral Palsy
PROJECT TYPE Disabled Children

Strengthened and expanded the capabilities of the project partner and their affiliates in Howrah, Burdwan, and Hooghly, and their served families in caring for disabled children.

Developed learning videos on handheld devices to assist with improving feeding and toileting assistance capabilities of parents and staff.

Supporting Mothers and Farmers in Varanasi

LOCATION Varanasi, Uttar Pradesh PARTNER Grameen India PROJECT TYPE Prenatal and Antenatal Care

Worked in 19 villages with 1,500 pregnant and lactating women to improve awareness and effectiveness of breastfeeding, antenatal care, and related health behaviors. Also provided financial support to improve the agricultural capabilities of rural farmers across various locations in India.











A Holistic Approach to Elder Care in Malda

LOCATION Malda, West Bengal PARTNER Rajadighi Community Health Service Society

PROJECT TYPE Elder Care

Advanced the health of the elderly through projects focused on accessibility, quality, linkages, and caring. This included a mobile health clinic for consultations and medicine distribution; self-help group training for lifestyle and health behavior change; group discussions across 15 villages to raise the profile of elder issues in the wider community; staff training on elder health concerns in preparation for home visits; expansion of herbal gardens; home-visit follow-up care; skill development for adolescents to assist with elder care (including hypertension screening); the formation of emergency health funds attached to self-help groups; eye care screening and glasses; and facilitating cataract surgery.

A Community Clinic Built on Partnership

LOCATION Maynaguri, Jalpaiguri, West Bengal PARTNER Subhamoy Samity PROJECT TYPE Clinics

In partnership with this small NGO, the local government, and a coalition of women's self-help groups, established a small primary clinic and pharmacy, including the use of outreach health workers.

Rapid Response to Cholera in Odisha

LOCATION Bhubaneswar / Rayagada District, Odisha PARTNER Community Development Medicinal Unit

PROJECT TYPE First Responder to Cholera Outbreak

Created and deployed a first-responder team to intervene in a large-scale cholera outbreak in a remote tribal area. Conducted 31 medical camps across 23 affected villages, establishing a professional team and partnerships with village-area NGOs, and providing medicines, physician and pharmacist care, educational materials, and public health theater performances across 34 villages. The response had a significant impact on reducing morbidity and mortality.







Linking Microfinance and Health Care

LOCATION Various Locations PARTNER Freedom From Hunger

PROJECT TYPE Microfinance, Integrating Healthcare and Microfinance

Supported the provision of village-based microfinance enhanced with education and a focus on health care. Assisted in the development and implementation of a large Gates Foundation grant demonstrating how to integrate health care with microfinance programs, with onsite consultative work extending beyond India to Bolivia and the Philippines.

Digging Wells, Building Loans in Matigara

LOCATION Matigara, West Bengal PARTNER Institute of Poverty Awareness and Education
PROJECT TYPE Safe Water

In partnership with IPAE and SWARJ, dug wells to access safe water in remote rural villages and provided a revolving loan fund to enable families to acquire safe water systems.

Two Clinics for Rural Howrah

LOCATION Howrah, West Bengal PARTNER Village Welfare Society PROJECT TYPE Clinics

Established two clinics in rural villages (Panchrul and Munsirhat), doctor's offices with small pharmacies.

Screening 50,000 Women for Cervical Cancer

LOCATION Kolkata, West Bengal PARTNER Chittaranjan National Cancer Institute PROJECT TYPE Cancer

Provided the initial planning, development, and oversight for the largest cervical cancer screening program in Northern India. 50,000 women in poor rural villages were screened using innovative hybrid capture technology, with follow-up and treatment as needed.

Also provided a diagnostic tool for improved oral cancer screening, evaluating its use in more accurately delineating cancerous oral tissue margins during surgery.


"Eibaare rirkurebeka tiriteera fuka"
TUNGA OKUKYEBERWA GYE AKAKOOKO KA SIRIMU AHARI
AKAMANYISO AKA
BUSHENYI MEDICAL CENTRE
CTS
COUNSELLING
& TESTING
SERVICE
VISITING HOU
MORNING TI
FROM
LUNCH TIME
EV NING TIME









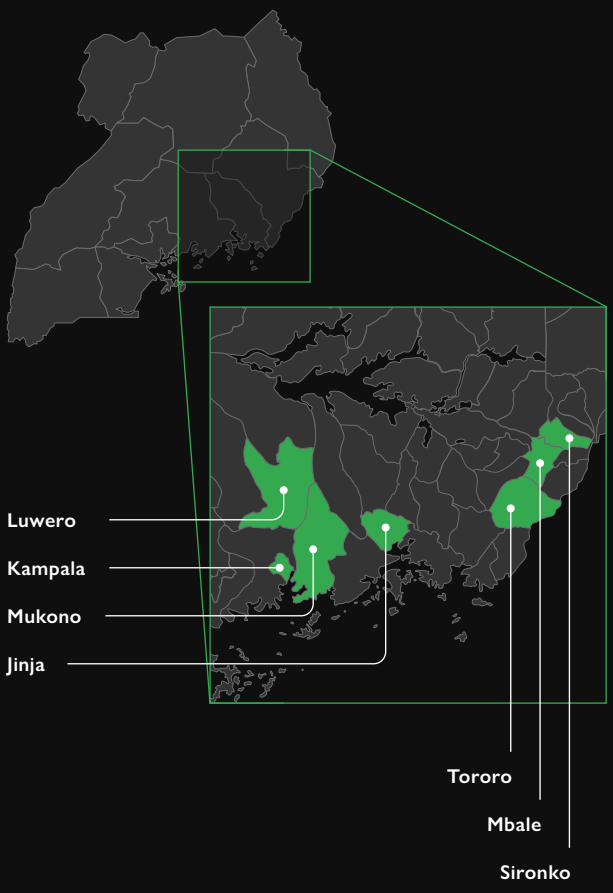
Uganda

Most projects were in the eastern areas of Uganda.

Country Director, Rodney Matovu, provided necessary coordination, oversight and assistance with project design, and operations.



COUNTRY DIRECTOR
Rodney Matovu



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Renewing Care in Mbale's Pediatric Unit

LOCATION Mbale PARTNER Mbale Regional Referral Hospital — Pediatric Unit

PROJECT TYPE Illness Prevention, Facility Improvement

Provided insecticide-treated bednets for malaria prevention and anti-bacterial handwashing solutions. Also engaged another NGO, "In Movement," to repaint and redecorate the pediatric unit.





Malaria and Hypertension Care in Sironko

LOCATION Sironko PARTNER Community Health Centre PROJECT TYPE Illness Prevention, Clinics

Improved the existing clinic's resources and capabilities and provided financial support for operations. In collaboration with Soft Power Health, delivered village-based education about malaria prevention, and supported a community-wide hypertension screening, education, and treatment project.





A Peer-to-Peer Response to COVID-19

LOCATION Nama PARTNER NAWEC — Nama Wellness Community Centre

PROJECT TYPE Illness Prevention

Supported the Resilience Project, a P2P behavioral health intervention developed in response to COVID-19.

Reaching 40 Villages with HIV/AIDS Education

LOCATION Mpoma PARTNER Mpoma Community HIV/AIDS Initiative

PROJECT TYPE Illness Prevention, Improved Education

A multi-year project providing education and counseling for HIV/AIDS and family planning, community-wide deworming, and insecticide-treated bednets, with outreach across 40 villages in collaboration with other NGOs.

Serving a Jewish Community in Rural Uganda

LOCATION Mbale PARTNER Abayudaya Congregation Community

PROJECT TYPE Safe Water, Chronic Illness, Clinics

A unique Jewish community based across multiple villages. Provided safe water systems; a hypertension and diabetes screening and referral project; resources to support the operations of their community clinic; and assistance accessing technology to support their health care efforts.

Building Lasting Capacity for Disability Care

LOCATION Kampala PARTNER Centre for Disability and Rehabilitation

PROJECT TYPE Disabled Children, Improved Education

A multi-year project to advance this organization's capabilities to achieve sustained rehabilitation and inclusion of disabled children, the majority of whom have cerebral palsy.

Provided medical and social rehabilitation, skill training, child protection, rights advocacy, capacity building, and occupational and speech therapy.







Strengthening Hospital Care and Mental Health in Tororo

LOCATION Tororo PARTNER St. Anthony's Hospital PROJECT TYPE Illness Prevention

Provided insecticide-treated bednets and repainted and redesigned the hospital's pediatric unit. Also supported the hospital's mental health clinic.





Village-Based Malaria Prevention in Jinja

LOCATION Jinja PARTNER Soft Power Health PROJECT TYPE Illness Prevention

Supported this village-based malaria prevention program, which distributes insecticide-treated bednets and educates communities on their benefits.





Water, Medicine, and TB Care in Mbale

LOCATION Mbale PARTNER Mbale District Health Office PROJECT TYPE Illness Prevention, Safe Water

Provided a 10,000-gallon water tank to supply safer water to the community health center, and an anti-bacterial handwashing project at the same facility. Supplied anti-malarial medication for community-wide use, and supported an intervention to improve TB patients' medication compliance in collaboration with the Infectious Disease Institute.

Empowering Women Through Microfinance in Uganda

LOCATION Various Locations PARTNER Freedom From Hunger

PROJECT TYPE Microfinance, Improved Education

Supported multiple projects advancing microfinance in remote villages with women's self-help groups, paired with conversational education emphasizing health care.

Safer Births, Healthier Children in Luwero

LOCATION Luwero PARTNER Makerere University Child Health and Development Centre

PROJECT TYPE Women's and Child Health

A large-scale, innovative, multi-approach, multi-year project to prevent low birthweight and improve women's and children's health and nutrition in poor rural communities.

Provided health and nutrition education for pregnant mothers; arranged for safe in-facility deliveries; distributed insecticide-treated bednets; promoted proper handwashing, nutrition, and use of safe water; supported immunizations and child health monitoring; closely monitored pre- and antenatal care; and used trained community health workers for home visits.







Reaching Disabled Children in Rural Uganda

LOCATION Kampala PARTNER Katelemwa Cheshire Home

PROJECT TYPE Disabled Children, Improved Education

A multi-year project to identify, train, educate, and rehabilitate physically disabled children living in remote rural villages, and to improve parents' capabilities to provide needed care. Included special clinics in remote areas and the provision of home-based care.

A multidisciplinary team traveled periodically to remote villages to examine children and educate families on proper care, referring selected children to the Kampala facility to arrange corrective surgery, fitting and provision of needed appliances, and training in a set of life skills.







Sanitation Support for a Mbale School

LOCATION Mbale PARTNER Hadassah Primary School PROJECT TYPE Safe Water/Sanitation

Provided limited support to improve the school's sanitation facilities.





A Whole-School Approach to Student Wellbeing

LOCATION Mpoma PARTNER Johnson Nkosi HIV/AIDS Orphan Primary School

PROJECT TYPE Illness Prevention, Clinics, Safe Water, Improving Education

A multi-year commitment to support various initiatives at this school in collaboration with the Nama community.

Provided insecticide-treated bednets, solar lighting, a safe water system, and a nurse-staffed dispensary with supplies and medications; built a latrine, dug a safe water well, and installed a handwashing system; and built a sports field. Also coordinated follow-up care for students with HIV/AIDS, and annually sponsored tuition and other costs for a group of students.











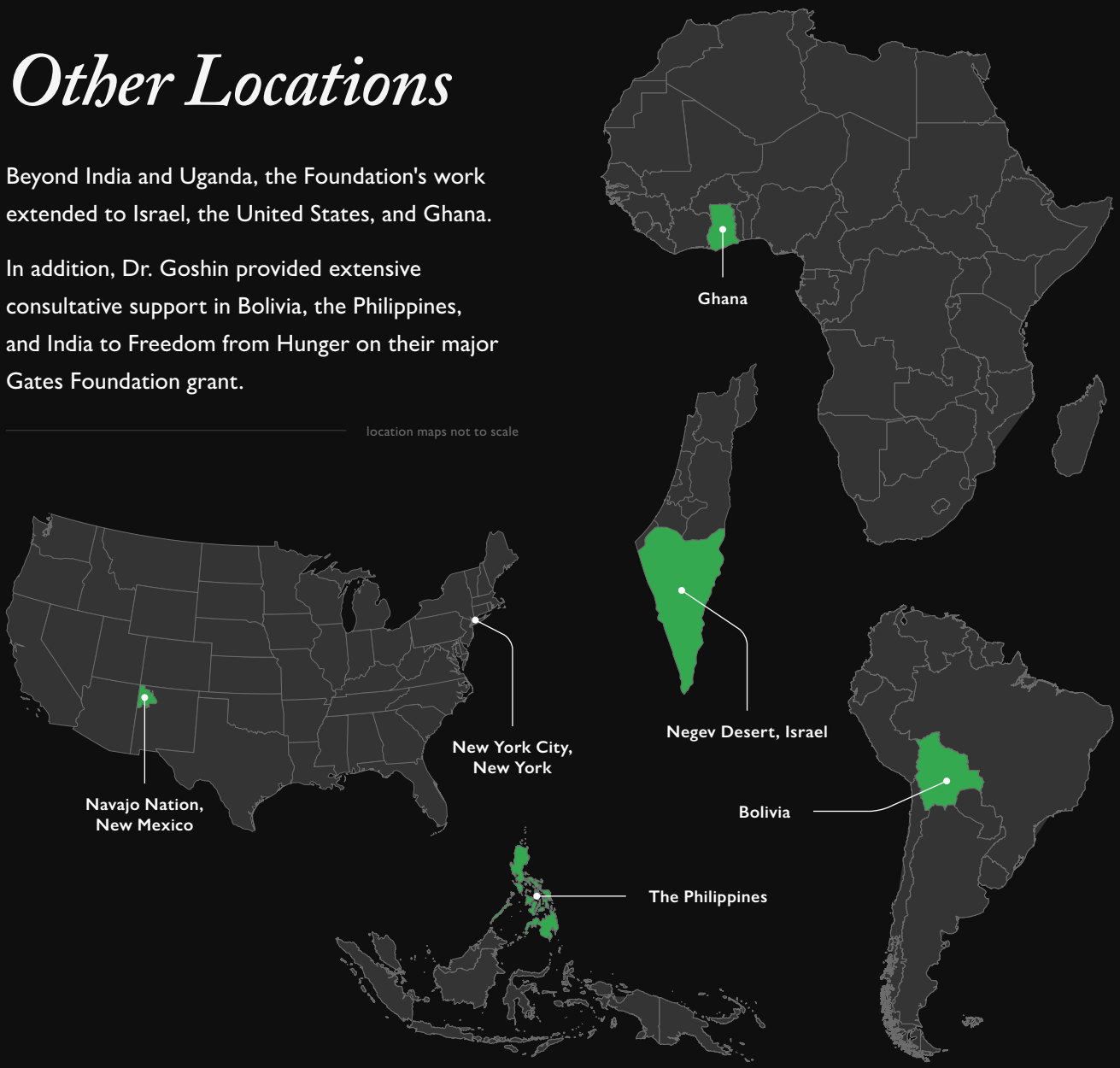


Other Locations

Beyond India and Uganda, the Foundation's work extended to Israel, the United States, and Ghana.

In addition, Dr. Goshin provided extensive consultative support in Bolivia, the Philippines, and India to Freedom from Hunger on their major Gates Foundation grant.

location maps not to scale



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Hypertension Screening for Bedouin Communities

LOCATION Negev, Israel PARTNER Yanabia (Bedouin Communities in the Negev)

PROJECT TYPE Chronic Illness

Reducing the adverse impact of chronic illness among the Bedouin people. With the collaboration of Clalit Health Plan - provided support for a major hypertension screening project to identify, refer and educate at risk members of the Bedouin living in both registered and unregistered towns and villages.



SOURCE: DESERT STARS



SOURCE: DESERT STARS

An Engineering Academy for Bedouin Students

LOCATION Negev, Israel PARTNER Desert Stars (Model School to Develop a Generation of Bedouin Leaders)

PROJECT TYPE Improved Education

Provide for a skill improvement project to advance the capabilities of teachers at the school. Support the planning and development of a novel, innovative engineering academy for interested and capable students.

Growing Food Sovereignty on Navajo Nation

LOCATION Navajo Nation · New Mexico, USA PARTNER Navajo Nation PROJECT TYPE Nutrition

In collaboration with The Nature Conservancy, to enhance Navajo Nation food sovereignty. Direct support to the Navajo Nation to expand the presence of community gardens.

A Feasibility Study for Navajo Water Access

LOCATION New Mexico, USA PARTNER The Nature Conservancy PROJECT TYPE Water Access

Funded a feasibility study to assess the best approaches for improving access to needed water for farming to achieve Navajo Nation food sovereignty.





Comfort and Care for NYC's Frail Elderly

LOCATION New York City, New York, USA PARTNER MJHS — Metropolitan Jewish Health System

PROJECT TYPE Elder Care, Chronic Illness

Provided multi-year support for the enhancement of dementia and hospice facilities and care; and to support an innovative music therapy program that improves the quality of life for frail, vulnerable elderly.

Fellowships and Support for Global Health Students

LOCATION Various Locations, USA PARTNER University at Buffalo School of Public Health and Health Professions

PROJECT TYPE Global Health Careers, Improved Education

Led the creation of the university's Global Health Initiatives Program. Provided multi-year funding for student fellowships (in India, Uganda, China, Zimbabwe, Ghana, and Uruguay), a global health speaker series, operations for the Office of Global Health Initiatives, and support for refugee health initiatives.

Microbusiness for Health in Ghana

LOCATION Ghana PARTNER Freedom From Hunger PROJECT TYPE Women's Livelihood

Funded Freedom from Hunger to develop a 'Microbusiness for Health Project' using village based 'health keepers' to sell preventive and other health products.

Integrating Health Care with Microfinance

LOCATION Bolivia, India, The Philippines PARTNER Freedom From Hunger

PROJECT TYPE Women's Livelihood, Women's and Child Health

Provided expert consultative support for a Gates Foundation–funded project demonstrating how to integrate microfinance and health care.

Twenty years devoted to improving the health of the poor and most vulnerable.

WRITE TO US

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The HealthyWorld Foundation is a New York state not-for-profit corporation first formed in mid-2006 with a 501(c)(3) charitable IRS tax designation.

Photos courtesy of Dr. Goshin unless otherwise noted.















Celebrating 20 Years of Improving the Health of the Poor and Vulnerable in Communities in India, Uganda, and Elsewhere.